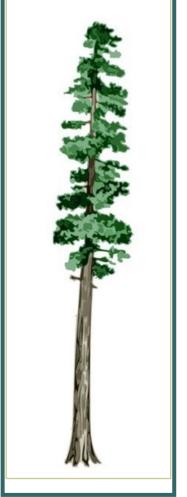
Redwood Owners Group Newsletter

THE HYPERION

Volume 4 Issue 2



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2019 Redwood Rally-Rousing Success!

It's hard to believe that the 2019 Redwood Rally is over, and work has already begun on the 2020 Rally! This past July, over 80 Redwood 5th wheels rolled into Shipshewana South Campground for this years Redwood Rally. It is always a sight to behold, all the Redwoods lined up and down the rows of the campground and this year was certainly no exception!

Lisa Price was graciously our Rally Coordinator again this year and she and her team saw to it that we had a rally that was full of fun, great food, education and sharing, even some down time to recover our energy! Lisa and her team put numerous hours into the planning and putting together this year's rally, and the result was beyond expectation. Thank you Lisa and team!



The list of vendors for the rally this year was plen-

tiful and varied. If your rig needed the dust knocked off from your journey, there was cleaning and detailing available . . . this year we even had a company who was cleaning indoor carpeting (and he was doing a wonderful job too)! There were folks getting new roofs, independent suspensions, disc brakes, new pin boxes, new steps for the entrance, keyless entries and single key setups, and this is by no means a complete list! The vendors were able to set up their canopies and tables at their sites this year making it easy to see everyone's wares while out for a stroll.

As always, the highlight for most everyone who attends the rally are our Redwood Technicians who come out to the campground to give their time and attention to the needs of our 5th wheels. Earlier in the year, the owners for each attending rig have the opportunity to submit for approval (to Redwood) a couple of small issues that need attention. These techs come early with smiles intact and an amazing amount of supplies in tow! By the end of the week, these tired folks are heroes to so many of us . . . and we return home with repairs that often make a big difference in our quality of life in our rigs. Our continued thanks to you all at CrossRoads/Redwood!



Food is always a bright spot at a rally, and this year did not disappoint! This year, before the rally officially began, an Amish Harvest Dinner was offered at the Carriage House. We were not able to attend, but after listening to several of the folks who did, it needs to be on our list for next year, should it be offered! The compliments we heard were numerous, the food, the generosity and hospitality were said to be

(Cont'd on page 5)

Letter From Our President, Andy Patterson

President's Report - October 2019



Thanks to our exceptional Rally Manager – Lisa, the ROG has now hosted 4 successful National Rallies. We have received numerous requests for additional rallies in other locations and at other times of the year. It has been a long wait, but in 2019 we had our first regional event for Redwood owners.

While the number of interested attendees does not yet permit a cost-effective ROG Regional Rally, we are starting by facilitating opportunities for Redwood owners to gather with their coaches, for some camaraderie and local exploring.

Our first regional Redwood Owner's gathering just concluded in the NE – thanks to Patti for making it possible. It was held in an amazing campground on the banks of the St Lawrence River. We had 7 coaches attending. Very positive reviews were provided by all attendees.

In 2020, our 5th National ROG Rally returns to Shipshewana, with Lisa already planning to improve on 2019. We are also facilitating an opportunity for a gathering in the NW – in BC's premier wine region, the Okanagan Valley. Following the gathering, an opportunity exists for Redwood owners to participate in a tour of the Canadian Rockies, including Jasper, Banff, Hot Springs, Whistler & Metro Vancouver. Check out the forum for details.

Website

Over the past 4 months, we developed a new website, which is currently undergoing Beta testing. In October, it will be made available to a number of volunteer testers, to further test the links and pages, with a variety of devices. Provided no major issues are identified, we hope to make it available to a wider audience in November or December, at which point it will be operated in parallel to the current website.

When satisfied the new website is bug free, we will shut down the current website and migrate the new website to the current URL. For this operation, the website will be unavailable for a couple of days. Once we complete additional testing and develop a transition schedule, it will be posted on the forum and Facebook.

CURRENT BOARD OF DIRECTORS FOR THE R.O.G.

President: Andy Patterson Vice President: Paul Bridges Secretary: Patti Brown Treasurer: Jeff Robinson Director At Large: Joe Dombrowski Director At Large: Jim Wolfe Director At Large: Dennis Harmening Director At Large: Michelle Sullivan Director At Large: Eileen Lurker Rally Director: Lisa Price

A huge thank you to each Board Member for the time and commitment that you freely give to our ROG!

BEAUTIFUL NE GATHERING

The 11th of September, 7 Redwood 5th wheels pulled into Swan Bay RV Resort in Alexandria Bay, New York for a long weekend of fun and fellowship. The Thousand Islands region of northern New York set along the beautiful St. Law-rence River was the backdrop for the gathering. Alexandria Bay is home to Patti and Rolf Brown, and they happily showed off their hometown. There was the opportunity to go on a 2 hour/2 nation boat tour on the St. Lawrence as well as a winery/distillery/beer tour. All around them were the colors of fall just beginning to show and the opportunity to watch the magical ballet of the large ships. The gathering ended with pizza potluck, stories, and much laughter. What a great time!





Photos Courtesy of Patti Brown and Paul Bridges







WHERE DO YOU KEEP UP WITH YOUR FELLOW REDWOOD OWNERS?

There are two easy-to-access online sources to stay up to date with your fellow Redwood RVers, the ROG (Redwood Owners' Group) Forum and the Redwood Owners' Group Facebook page. The Redwood Owners' Group on Facebook is a *closed group* with nearly 700 members. You can easily join from your News Feed. Click on Groups in the left menu, then search for Redwood Owners Group. You can select that group and click JOIN GROUP.

Both groups have an abundance of information on them! They also are wonderful vehicles to use to ask questions of your fellow Redwood RV Owners. The forum has a user-friendly index that makes zeroing in on subjects a breeze. Both groups attempt to stay current in their information.

Have you visited either of these resources? If not, perhaps fix a cup of tea or coffee, get comfy in your favorite spot and do a little bit of browsing the sites. I don't think that you will be disappointed.

EVACUATION AT BIG BILOXI CAMPGROUND

This June (2019) my husband Michael, puppy Pepper, and myself checked into Big Biloxi Campground near Saucier, MS. It was a great little campground and our site was beside a set of 20 steps to a short 50-foot trail down to a river that was shallow enough for us to cross over. The next day the park hosts came by to advise us that there was rain "upstream" and the campers on the lower level already had been asked to relocate to the higher sites on the ranger's recommendation who were monitoring the river! Later that evening the hosts came by to let us know the river was rising so we went down the stairs and found the river was now just a short 15 feet from the stairs! Around 3 a.m. we were awakened by the hosts to update us that the river was now up to the 6th step from the top. Michael decided to see how fast the river was rising while I chose to pack up in case we needed to move to higher ground! It was raining by now and all the campers were up discussing our options. Within 15 minutes the river was up another step and I walked down to see where the other trailers had been parked and found a lake of rushing water. At 4 a.m. the local sheriff came over the bullhorn to tell us all to evacuate as it was no longer safe in the campground! So we hooked up and headed for Sam's Club but missed the turn due to rain so spent the first night in 6 years of full timing in the Walmart parking lot! Later that day after being safe and dry at a local campground we decided to check out if we really needed to be evacuated the previous night which you can tell by the photo of the road to the campground that it was a wise decision!!







Article Contributed by Donna du Meniel

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(Cont'd from page 1) exceptional. This year the ROG supplied 2 delicious meals that were catered for us by a local company. On Friday, Crossroads/Redwood had a delicious Italian meal catered for us! We were served by the Redwood district representatives. They did a great job, and the meal was so good, we were still talking about the food the next day! At the end of the week is our traditional ROG Potluck where I do believe we all eat way too much and get to try a delicious and varied array of foods and desserts. We also have a wonderful morning tradition of Amish donuts at the Pavilion. We bring our coffee or tea and enjoy a fresh donut with our fellow ROG members. Simply delightful!

The seminars this year, as always, were wonderful. We came away with new knowledge, some refreshed knowledge, and way too many new ideas to implement! Some of the seminars were on Tire Safety; Driving and Parking your Rig; Insurance on the Road; Disc Brakes; Staying Connected on the Road; Instant Pot- What is it and How do I Use it; Routine RV Maintenance; Cleaning and Care for you RV; Understanding LEDs; Fire Safety and many more. We also had a Show and Tell time, where folks share about their favorite items in their RVs (we always learn about new items that we didn't know about). We appreciate that nearly all the seminars were relevant to both new and seasoned RVers.

The annual Redwood Rallies have grown through their short life in so many ways, reaching many more Redwood Owners. If you were not able to join us for the 2019 Redwood Rally, we hope that you will consider joining us for the 2020 Redwood Rally!

A FEW MORE PHOTOS FROM THIS YEAR'S RALLY IN SHIPSHEWANA









MEDICAL INFORMATION FOR AN EMERGENCY

Medical emergency situations. They can happen when we least expect it. How can we be better prepared to help our emergency first responders if we are involved in an emergency? A little bit of preparation on our part can be helpful should it ever be needed.

The Mayo Clinic (<u>https://mayoclinic.org/first-aid/emergency_health-information/basics/art-20134333</u>) stresses the importance of having updated medical information available in at least one of these places: <u>online</u> sources such as a patient portal or a free or subscription based personal health record (also called PHR); <u>print</u> version, such as a medical information card and/or an information page; also through ones' <u>portable storage device</u> (such as a cell phone) using an available app. They suggest including the following information:

Your name, age and sex
Your address
Your prescriptions, including dose and frequency
Any medical equipment you use
Your chronic medical conditions, such as epilepsy
Any medical consent forms, such as DNR (Do Not Resuscitate)
Any particulars of your health history that could be helpful to emergency medical responders, such as allergies
Phone numbers for your family doctor, perhaps poison control
Personal emergency contacts, family or friends, with their phone numbers (this would be the person/persons you wish to have notified in case of an emergency)

It would be a good idea to print out a couple of these sheets and place them in the medicine cabinet, the glove compartment, perhaps a purse or wallet and to give to your emergency contacts.

Another website that had some thoughtful information was Verywell Health (<u>https://verywellhealth.com</u>) who has partnered with the Cleveland Clinic. I particularly enjoyed their article about Finding Information in an Emergency. They spoke to emergency responders about where they look for (or had time to look for) emergency information during an emergency.

According to some of the medical emergency responders:

- The first place that an EMT or paramedic *might* look for medical information is on the person's body, i.e. a medical alert bracelet or necklace.
- Some *might* check the refrigerator for information, but not all. Some folks are part of the <u>Vile of Life</u> program, that supplies a sticker for the front door and a vile with a form to fill out that is kept in the refrigerator, giving the responders emergency information.
- Your billfold or wallet is a great place to keep a medical emergency card, but it *might not* be the first place that first responders will look.
- If an emergency happens in your home, the first responders *might* look for medicines that you take in a medicine cabinet, making the medicine cabinet a good location to put medical emergency information, making sure that it is well marked.

Your cell phone, like your wallet, *may or may not* be looked at by the first responders. There are some excellent apps available, however, not all EMTs or paramedics search for a cell phone to look for medical information.

There is not a universally set place to put our medical emergency information, so choosing a few places is a good choice.

What information does a medical first responder need?

They want to know if you have a medical condition that could make you unconscious or cause death (that is life-threatening)

- They want to know if you have a condition that might appear life threatening but is not.
- They want to know if you have a DNR (Do Not Resuscitate) that is signed by a physician.

They want to know if you have a seizure disorder.

- They want to know: if you have any allergies that can cause anaphylaxis.
- They want to know if you take any heart medications.

There are a few sites online where you can download a medical emergency information card, some of which can be filled out on your computer and then printed and some which you simply print and then fill out by hand. There are numerous areas that will create a card for you, for a fee. There are multiple sites which sell medical alert jewelry. There are directions for creating your own template on your computer using various software. A few of the web addresses are added below, but this list is by no means comprehensive.

We have a nephew who is currently an EMT in Iowa, so I sent him a text asking how we could best help him (EMTs, paramedics and first responders), help us (in an emergency). He said that the information that they would like to have available would include name, date of birth, emergency contacts, blood type, allergies, health conditions, current medications and preferred hospital. He also said that medical jewelry and a cell phone are the first places that they look. He said that there are some apps that are available to access whether the phone is locked or not, but not all. He mentioned that the well-known app, I.C.E. (In Case of Emergency) is good, but only if the phone is not locked. He said that iPhones have a Medical ID app that is available for access even if the phone is locked. There are numerous Android compatible apps available, some sound promising, some.... not so much.

Finding suitable apps for our phones and printing out our medical emergency information is on our to do list for this fall, prior to our next trip. (We will also be adding a yearly notification to our calendar for keeping our information updated.) Being prepared is the one of the best actions that any one of us can take.

http://allfreeprintable.com/emergency-medical-information-card (download template, computer fill in, only 3 medicine slots, no last date updated)

https://www.openofficetemplates.com/preview/Wallet_Medical_Information_Card (download template) https://njvrc21stregiment.weebly.com/uploads/4/3/9/6/43963135/wallet-sized_medical_information_card.pdf

(download template, hand fill in)

https://www.openofficetemplates.com/category/medical (numerous medical templates available)



Instant Pot Pizza Pasta - Meat Lover's Version

I was inspired to buy an Instant Pot by the demonstrations done at the rally. They were all great, and ladies, you made it all look so easy! There was a bit of a learning curve for me. After I sautéed my sausage at the default <u>high</u> temperature (that Instant Pot gets HOT!), my sausage was burning, and I was scrambling. Now that I've found the cancel button and I can easily set my sauté temperature to LOW; things are a little calmer. Since that first experience though, I learned to get all my ingredients ready to go.

Ingredients:

1 Tbs Butter
1 tsp Italian Seasoning
2 tsp Garlic, minced
1# Mild Italian Sausage
3-4 slices of Bacon, diced (optional)
14 oz. jar Pizza Sauce
2 -8 oz. cans Tomato Sauce w/ Basil, Garlic & Oregano
1# Pasta (I use Cavatappi or Cellentani)
24 oz. Water
8 oz. Shredded Mozzarella
Abt. 40 slices of Pepperoni
³/₄ cup of Ham, diced



With IP on sauté, low heat, melt butter

Add, and stir for a minute Italian seasoning and minced garlic

Add and brown mild Italian sausage, diced bacon, if using

Add 14 oz jar pizza sauce, the 2 cans tomato sauce, pasta, 24 oz water

Stir, put lid on IP, making sure it's sealed, set on Manual, high pressure for 5 minutes.

When the 5 minutes is complete, do a quick release.

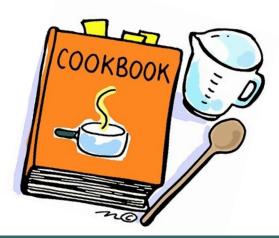
Add and mix in shredded mozzarella, about 30 slices of the pepperoni and half a cup of diced ham Add on top as a garnish (to make it look like a pizza) the rest of the cheese, another 10-ish slices of pepperoni and ¹/₄ cup of diced ham

Replace lid to let the cheese melt and warm up the meats that were just added. Ready to serve in a couple minutes.



The meat lovers is a family favorite. I think I'm going to try a Hawaiian pizza next.

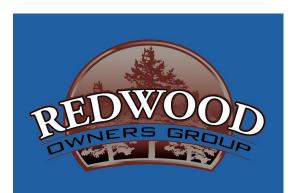
Recipe Contributed by Ann DeZelia



Redwood Owners Group

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The mission of the Redwood Owners Group (ROG) is

- to bring together Redwood Residential RV Enthusiasts; owners, Redwood employees and dealers,
- to foster an environment for sharing knowledge, expertise and ideas to enhance the Redwood lifestyle and support its family of owners in having a more meaningful experience with their recreational vehicle, and
- to facilitate opportunities for owners to meet, travel and socialize amongst themselves.

The "Hyperion" is the name of a coastal redwood in Northern California, which is the world's tallest known living tree.

Working together to share knowledge and fellowship!

Disclaimer:

The Hyperion newsletter articles were developed and submitted by your fellow Redwood owners and are compiled and published by the Redwood Owners Group as a service to the members. The Redwood Owners Group makes no representations or warranties of any kind and is not responsible for, and expressly disclaims any liability for any damages arising from the use of, reference to or reliance on any of the information or solutions provided in any article. While we endeavor to ensure the information provided by others is accurate, the Redwood Owners Group provides no guarantee that the information is accurate, complete, up to date, or is relevant to any reader. Redwood Owners Group may provide links to other websites and content on the internet, but we are not responsible for the accuracy of said links, nor the content of said sites. These links are again provided to readers as a service and Redwood Owners Group does not endorse any of the sites, their content, products or services.

Amazon Affiliate Program

When purchasing products at Amazon, you can now support your ROG, at no additional cost. We have noted many members on the forum have made reference to products at Amazon, even providing helpful links to those items. Researching Amazon, we found, among others, the Amazon Affiliate Program. This program requires that we create a link from our website to their website. We have elected a very understated link which is located on our ROG forum Main Menu. This is currently located at the top of the left side-bar. You will not find any additional references to Amazon, or advertisements on the website or forum.

When purchasing products at Amazon, rather than navigating directly to Amazon, access the ROG website, select the "Amazon" tab and use the search bar to locate the product you would like to purchase and complete the transaction. Amazon will pay a small commission to ROG.

*Please note: In testing the system, we have noted that the search bar may not be visible when using Ad Blocking software. To view the search bar, please disable your advertisement blocker and refresh the page.

Amazon Affiliate Program

In the left sidebar of the ROG homepage, you will find a link that states "Amazon". The ROG is signed up for the Amazon Affiliate Plan, which is accessed by selecting the Amazon link on the left sidebar. You may ask, what is the Amazon Affiliate Program?

How does this program work?

If you access the Amazon website using the link on our website, Amazon pays a small commission to the ROG on all your purchases.

Will it cost more to access Amazon via the ROG website?

Most definitely No!!! When you access Amazon via the ROG website, you will pay exactly the same as going to Amazon directly. The only difference is Amazon pays a commission to the ROG from their profit.

Can I only purchase RV supplies using the ROG's Amazon link?

Negative. You can purchase any item available from Amazon and they provide a small commission on everything purchased.

Why did ROG sign up for this program?

On the forum we noted many members making references to Amazon when discussing suggested products, even including links to specific items.

Is the ROG endorsing Amazon?

Negative. We are not providing any endorsement to Amazon, or any other retailer. Noting that many members utilise this online retailer, we have initiated a program where your Amazon purchase can benefit the ROG, at no extra cost to you.

What are the benefits to the ROG?

The revenue received will be used to lower membership rates.

I am unable to see the Amazon catalogue when using the link?

You are most likely using an advert blocker. To resolve, back out of the Amazon link, close your advert blocking software and re-access the Amazon link.

Is this program available on Amazon.ca?

Unfortunately, it is only available on Amazon.com